

# February 2023



# MUSCLE SHOALS LIVING CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>FEB. 1-3 NOMINATIONS FOR VALENTINE KING &amp; QUEEN</b>  <b>FEB. 6-9 VOTING for Valentine King &amp; Queen</b>  <b>VALENTINE PARTY &amp; CROWNING — FEB 14</b></p>			<p>1 9:30 BINGO            10:00 Exercise            10:30 BP Checks  <i>CenterWell Home Health</i>            11:30 Presidents Bingo</p>	<p>2 9:30 BINGO            10:00 Exercise  <b>Groundhog Day</b>            12:00 Ceramics Class</p>	<p>3 9:30 BINGO            10:00 Coffee &amp; Donuts            10:15 February and Heart Month Trivia</p>	4
<p>5</p>	<p>6 9:30 BINGO            10:00 Exercise            11:30 BINGO with <i>Gentiva Hospice</i></p>	<p>7 9:30 BINGO            10:00 Exercise            11:30 Bingo with Elizabeth  <i>Visiting Angels Homecare</i></p>	<p>8 9:30 BINGO            10:00 Exercise            11:45 Birthday Ice Cream Social</p>	<p>9 9:30 BINGO            10:00 Exercise            10:30 Medicare Spotlight            12:00 Ceramics Class</p>	<p>10 9:30 BINGO            10:00 Penny Auction w/ Tonya  <i>Genesis Healthcare</i></p>	11
<p>12</p> <p>SUPER BOWL 5:30PM on FOX network</p>	<p>13 9:30 BINGO            10:00 Exercise            11:15 Elaine Softley, <i>Nutritionist</i></p>	<p>14 9:30 BINGO            10:00 Exercise  <b>12:00 Valentine's Party and Royal Crowning</b></p>	<p>15 9:30 BINGO            10:00 Exercise            11:30 Penny Auction &amp; Health Talk w/ Ericka - <i>Columbia Cottage</i></p>	<p>16 9:30 BINGO            10:00 Exercise            11:30 BINGO with Brooke  <i>Mitchell Hollingsworth</i>            12:00 Ceramics</p>	<p>17 9:30 BINGO            10:00 Bingo with Amanda  <i>Renaissance Assisted Living</i></p>	18
<p>19</p>	<p>20 9:30 BINGO            10:00 Exercise            11:00 Lunch Out! <i>Homeside Rest., Cloverdale Rd.</i>  <b>★ PRESIDENTS DAY ★</b>  <b>No meal delivery</b></p>	<p>21 9:30 BINGO            10:00 Exercise  <b>MARDIGRAS</b>            11:30 King Cake &amp; Ice Cream</p>	<p>22 9:30 BINGO            10:00 Exercise  <b>February is Cherries &amp; Chocolate Month!</b>            11:45 Indulge in BOTH!</p>	<p>23 9:30 BINGO            10:00 Exercise            12:00 Ceramics Class</p>	<p>24 9:30 BINGO            10:00 Don't Gamble With Your Heart'            BP Checks  <i>Comfort Care Hospice</i></p>	25
<p>26</p> <p>ART CLASS Project</p>	<p>27 9:30 BINGO            10:00 Exercise            11:30 Ice Cream Floats            12:00 ART CLASS w/ Lucy Swindle</p>	<p>28 9:30 BINGO            10:00 Exercise  <b>10:30 MARCH</b>            Calendar Review            11:30 Piano Music            Garry Lovette, <i>Gentiva Hospice</i></p>	<p><b>HAPPY BIRTHDAY in FEBRUARY to:</b>            Betty DeHart – 5<sup>th</sup> Sandra Bush – 6<sup>th</sup>            Billy Smith – 6<sup>th</sup> Frankie Kelly – 7<sup>th</sup>            Gary Tatem – 8<sup>th</sup> Becky Reid – 11<sup>th</sup>            Roy Horton – 12<sup>th</sup> Jim Waddle – 15<sup>th</sup>            Donna McQueen – 20<sup>th</sup> Joan Blackman – 20<sup>th</sup>            Usha Lakhani – 28<sup>th</sup></p>			