

























NOVEMBER 2024

Muscle Shoals Living Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Don't forget to tell everyone about our 8th annual Christmas Tree Fundraiser!</p> 	<p>THERE IS <i>always, always,</i> ALWAYS <i>something</i> <i>to be thankful for</i></p>	<p>HAPPY BIRTHDAY in NOVEMBER to: Brenda Heath – 1st Steve Risner – 2nd Inez McLean – 2nd Virginia Sanders – 3rd Edwin Hampton – 3rd Sandy Barker 3rd Leslie Craig – 8th Sara Rea – 8th Deb Pearsall – 10th Helen Davis – 11th Dolores Landsell – 23rd Cheslene Walker – 25th</p> 		<p>1 9:30 BINGO 10:00 Coffee & Donuts 10:15 November & Thanksgiving Trivia</p> 	<p>2 Bama is OFF this week Auburn vs. Vandy <u>Set your clocks BACK 1 hr. before going to bed!</u></p> 	
<p>3</p> 	<p>4 9:30 BINGO 10:00 Exercise 11:45 Group Picture Made-Gym 3</p>	<p>5 9:30 BINGO 10:00 Exercise 10:00 Exercise 11:45 Birthday Ice Cream Social</p> 	<p>6 9:30 BINGO 10:00 Exercise 11:30 Health Talk with Janet 'Holiday Stress Management' 12:00 Ceramics</p>	<p>7 9:30 BINGO 10:00 Exercise 10:30 CornHole! 11:30 Bingo with Amy Visiting Angels</p> 	<p>8 9:30 BINGO 10:00 Penny Auction w/ Vicki Greenleaf Genesis Healthcare</p> 	<p>9 Bama vs. LSU Auburn is OFF</p> 
<p>10 12:00 THURSDAYS are CERAMIC FUNDRAISER WORKDAYS!</p> 	<p>11 CENTER CLOSED for Veteran's Day</p> 	<p>12 9:30 BINGO 10:00 Exercise 11:30 BINGO with Savannah Gentina Hospice</p> 	<p>13 9:30 BINGO 10:00 Exercise 11:30 Honoring Those Who Served 12:00 Ceramics Class</p> 	<p>14 9:30 BINGO 10:00 Exercise 10:30 CornHole! 11:45 BINGO with Dylan, Mitchell Hollingsworth</p> 	<p>15 9:30 BINGO 10:00 Blood Pressure checks w/ Kelli Centerwell Home Health</p> 	<p>16 Bama vs. Mercer Auburn vs. UL Monroe</p> 
<p>17</p>	<p>18 9:30 BINGO 10:00 Exercise 11:15 Elaine Softley, Nutritionist 11:45 'Scams to Watch Out For' MS Police Dept.</p>	<p>19 9:30 BINGO 10:00 Exercise 12:00 CRAFT CLASS Make Christmas Stand-ups</p> 	<p>20 9:30 BINGO 10:00 Exercise 11:30 Penny Auction w/ Ericka – Columbia Cottage</p> 	<p>21 9:30 BINGO 10:00 Exercise 10:30 CornHole! 11:30 Medicare Spotlight</p>	<p>22 9:30 BINGO 10:00 IRON BOWL BINGO</p> 	<p>23 11:00 – 3:00 Holiday Ceramics Gift Shop & Bake Sale</p> 
<p>24</p> 	<p>25 9:30 BINGO 10:00 Exercise 11:45 Ice Cream Floats</p> 	<p>26 9:30 BINGO 10:00 Exercise 11:30 December Calendar Review</p> 	<p>27 9:30 BINGO 10:00 Exercise 10:30 Today I'm Thankful For... 12:00 Ceramics Class</p>	<p>28 8:00 Ch. 4 Macy's 97th Thanksgiving Day Parade CENTER Closed for THANKSGIVING</p> 	<p>29 CENTER CLOSED for THANKSGIVING Holiday</p>	<p>30 IRON BOWL!!! BAMA vs. AUBURN 2:30 CBS</p> 

994 Gattman Park Dr. Muscle Shoals, AL 35661 256-386-9280